



BREAKFAST @SCHOOL

For first-class learning!

High School Breakfast Menu

Featuring
Healthy Fruits
& Grains!

BREAKFAST MENU 2018-2019

This institution is an equal opportunity provider. Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Slice	Breakfast Pizza	Breakfast Egg Bowl	Breakfast Chicken Patty Sandwich	Breakfast Sandwich
Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes or Waffles	Colonial Breakfast Sandwich (Ham, Egg & Cheese)	Breakfast Pizza Bagel	Breakfast Burrito	Piggletstick (pancake wrapped sausage link)

Milk Options:

- Skim
- Low Fat (1%)
- Non-Fat Chocolate
- Non-Fat Strawberry

Fruit Options: (All meals must contain 1 serving of fruit, students may select 2 fruit options with breakfast)

Assorted Fresh & Cupped Fruit will be available daily

100% Fruit Juice

Breakfast Items Available Daily

(all items are whole grain rich)

Assorted Cereal w/ Graham Bagel w/ Cream Cheese	Assorted Yogurt w/ Graham
Assorted Mini Bagel w/ Cream Cheese	Assorted Cereal Bars w/ Graham
Assorted Bread Slice	Assorted Muffins
Assorted Cinnamon Rolls	Assorted PopTarts
Breakfast Bites	Crunchmania Grahams
Fruit & Yogurt Parfaits	Assorted Frudels
	Assorted Smoothies

Menu Subject to Change

Breakfast Prices

All Colonial Students will receive their first Breakfast Meal at no cost.

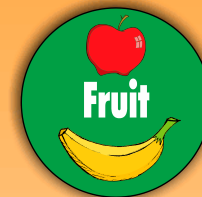
Second Breakfast Price: \$0.95

Adult Meal Price:
Breakfast: \$2.40
Lunch: \$3.75

7/31/2018

First things First

To make a breakfast,
choose at least one



OR



and at
least
three
items
total



COLONIAL SCHOOL DISTRICT
NUTRITION SERVICES